The 2015 Self Mastery Program

with Mary Hayes Grieco



***You are invited** to join a special learning community that is dedicated to personal growth and world service, with the masterful guidance of Mary Hayes Grieco.*

***Mary is a respected spiritual teacher** and the author of* Unconditional Forgiveness *and* The New Kitchen Mystic. *She has led public workshops in holistic psychology and spiritual healing for 25 years, and her work has taken her around the world.*

***Enjoy the warmth and support of working with an experienced and caring mentor** as you study with Mary to heal your past and reinvent your future. Journey with interesting people who are moving to a new level of peace, purpose, and joy - people who accept you as you are while encouraging you to become your best self.*

***This potent and joyful course offers valuable new tools for everyone,** and will be useful to mental health professionals and healing arts practitioners. It is also the foundationnd pre-requisite for anyone who is interested in becoming a teacher of the model and methods of Unconditional Forgiveness.*

***The 2015 Self Mastery Program** takes place in 9 weekend training modules - once a month on Friday evening and Saturday daytime. We meet in the cozy environment of The Carondelet Center on the campus of the College of St. Catherine in St. Paul.*

***You will have a free private coaching session with Mary and a special student rate for additional coaching sessions** during the program year. At the end of this training you will have closure on some difficult issues from your past, and be empowered to live a vibrant life in the present.*

Be a lamp, or a lifeboat, or a ladder.
Help heal someone's soul.
Walk out of your house like a shepherd.
- Rumi

2015 Program Schedule

January 9-10	The Path of Self Mastery/Community Building
February 6-7	Forgiving Another Person or Situation
March 13-14	Psychosynthesis Part I: Soul, Personality, & Will
April 10-11	Psychosynthesis Part II: Subpersonalities
May 15-16	Self Forgiveness and Self Love
June 12-13	Healthy Boundaries

Summer Break: Monthly Check-in/Meditation (dates TBA)

September (dates TBA)	The Essenes
October (dates TBA)	Intuition/Subtle Energy System
November (dates TBA)	Living Your Purpose

Questions: For questions and more specific information about this program, call the Institute at 612-874-6622

Cost: $3,000.00 Payment plan available

Web: **www.maryhayesgrieco.com**