

# Curriculum Vitae

## Mary E. Conner, MA, LP

### Profile

Minnesota licensed psychologist with sixteen years of experience working one-on-one with patients with numerous mental health issues including Serious and Persistent Mental Illness, five years experience training Family Practice residents about behavioral medicine and six years providing advocacy to low income patients. Theoretical orientation is Cognitive Behavioral with special training in DBT, EMDR, cross-cultural counseling and forgiveness techniques.

### Work Experience

**Psychologist:** Cedar Riverside People's Medical Center, Minneapolis, MN 09/2009-Current  
Provide psychotherapy to adults and complete culturally sensitive psychological and cognitive assessments for refugees

**Psychologist:** Family Life Center, Coon Rapids, MN 11/2005 - current  
Provide psychotherapy to adult patients, co-facilitate anger management groups and DBT groups

**Behavioral Scientist/Psychologist:** United Family Medicine Residency, St Paul, MN  
05/2000 to 09/2005  
Coordinated the yearly Behavioral Medicine program for eighteen Family Practice residents and provided psychotherapy for adults referred by their physician.

**Psychologist and Patient Advocate:** University Affiliated Family Practice Clinic - Smiley's, Minneapolis, MN 03/1998 to 05/2000  
Provided part-time social work and part-time counseling to patients at the clinic.

**Social Service Advocate UCARE MN, Family Service, INC. St. Paul MN, 05/1995 to 03/1998.**  
Provided advocacy for low income patients in three Family Practice Medical Clinics and six Residency Clinics.

### Presentations

**US National Council of Mental Health's Mental Health First Aid Training**  
Family Life Center/RISE 2009-2010

**Freedom of Forgiveness for Mental Health Professionals**  
2006-2010

For *Didactic Behavioral Medicine Series* United Family Medicine Residency, 2000-2005

- Advocacy Resources in Primary Care
- Alzheimer's, Dementia and Normal Aging
- Anxiety Disorders
- BATHE techniques
- Borderline Personality Disorders
- Dealing with Non-compliance in Primary Care
- Depression Screening Tools
- DBT
- Employee Stress Reduction Techniques
- Grief and Loss Issues
- Mandated Reporting

- Motivating Healthy Habits
- Name that Psychosis
- Obsessive Compulsive Disorder
- Post Traumatic Stress Disorder
- Psychological Jeopardy
- Self-Injurious Behaviors
- Setting Agenda's in Medical Visits
- Suicidal Patients
- Understanding Autism
- Understanding Chemical Dependency
- What was Howard Hughes' Real Diagnosis?
- Working with Interpreters

#### Additional Presentations

- *Communication Styles*, West Seventh Community Center, St. Paul, MN 2005
- *Understanding Welfare*, Family Medicine and Community Health, University of Minnesota, 2001-2005
- *Forgiveness Workshop*, Mary Hayes Grieco, St. Paul, MN 2002
- *Understanding Domestic Violence*, University of Minnesota Medical School Lecture Series, 1999
- *Understanding Nursing Home Patients' Grief and Loss Issues*, Minnesota Homes for the Aging State Conference, 1994
- *Creative Expressions of Grief*, Minnesota Hospice Association State Conference, 1994

#### **Education**

St. Mary's University, Winona, MN 1991-1996

Degree: Masters of Arts Major: Professional Counseling Psychology

University of Minnesota, Minneapolis, MN 1980-1991

Degree: Masters of Fine Arts, Major: Theater Directing

University of Dallas, Irving, TX 1974-1979

Degree, Bachelor of Arts, Major: Theater

#### **Licensure**

State of Minnesota Licensed Psychologist 04/1998 to present