

# Curriculum Vitae

## Kathleen M. Pfaffinger

### Education:

- PhD 1993 Psychology in the Schools and Community  
Department of Educational Psychology  
Dissertation: Parent Perceptions of Children With  
and Without a Chronic Illness or Disability  
Advisor: Robert Bruininks, PhD  
University of Minnesota
- MSPH 1978 Public Health Nursing  
School of Public Health  
University of Minnesota
- PNP 1977 Pediatric Nurse Practitioner Program  
School of Public Health  
University of Minnesota
- BSN 1976 School of Nursing  
University of Minnesota
- ADN 1971 Saint Mary's Junior College  
Minneapolis, Minnesota

### Licensure:

- March, 1995 Licensed Psychologist  
Minnesota Board of Psychology  
License Number LP 3259  
Renewal date: 3/31/2013  
(Areas of competence include children, adolescents and adults)

### Work History:

- 2007-2012 Private Practice (children, teens and families;  
adults with chronic conditions or  
seeking forgiveness facilitation )  
Saint Paul, MN

- 1993 - 2006 Therapist and Pediatric Psychologist  
HealthPartners (formerly Group Health, Inc.)  
Supervisor: Margaret L. Breslin  
2700 University Avenue  
Minneapolis, Minnesota 55414
- 1990-1992 Fellow and Psychology Intern  
Adolescent Health Program  
University of Minnesota Hospital and Clinic
- 1986-1990 Graduate Trainee and Research Assistant  
University Affiliated Program on Developmental Disabilities  
University of Minnesota
- 1985-1986 Research Assistant  
School of Nursing  
University of Minnesota
- 1984-1985 Supervisor  
Child Health Screening Unit  
Division of Maternal Child Health  
Minnesota Department of Health  
Minneapolis, Minnesota
- 1980-1984 Consultant  
Division of Maternal Child Health  
Minnesota Department of Health  
Minneapolis, Minnesota
- 1979-1984 Pediatric Nurse Practitioner  
Community University Health Care Clinic (CUHCC)  
Minneapolis, Minnesota
- 1978-1979 Public Health Nurse  
Ramsey County Nursing Service  
Saint Paul, Minnesota
- Staff Nurse/ Charge Nurse  
1974 - 1976 University of Minnesota Hospitals  
1972 - 1974 Boston Floating Hospital for Infants and Children  
1971 - 1972 New England Deaconess Hospital

**Publications:**

Blum, R.W. & Pfaffinger, K.M. (1994). Myelodysplasia in children and adolescents. Pediatrics in Review, 15, 480-484.

Pfaffinger, K.M. (1993). Promoting the psychosocial adjustment of children with spina bifida through family centered care. Best Foot Forward, 2, 1-9.

Pfaffinger, K.M. & Nelson, R.P. (1988). Quality Health Care For People With Developmental Disabilities. Minnesota University Affiliated Program on Developmental Disabilities, University of Minnesota: Minneapolis, MN.

**Selected Invited Presentations and Workshops Given:**

2007 - 2012 Unconditional Love and Forgiveness 3-Day Intensive  
Midwest Institute for Forgiveness Training  
Saint Paul, Minnesota

2006 - 2010 The Freedom of Forgiveness  
with Mary Hayes-Grieco  
Midwest Institute for Forgiveness Training  
Saint Paul, Minnesota

April 2006 Nervous Tummies: Understanding and Treating the  
Overlap of Anxiety Disorders and Somatic Symptoms  
Minnesota Chapter of the National Association of  
Pediatric Nurse Associates and Practitioners  
Saint Paul, Minnesota

December 2004 Thermal Biofeedback for Anxiety and  
Physical Symptom Management  
HealthPartners  
Minneapolis, Minnesota 55414

October 2004 Mind-Body Medicine  
Century College  
White Bear Lake Minnesota 55110

2002 - 2004 Anxiety in Children and Teens: Prevention and Treatment  
Century College  
White Bear Lake Minnesota 55110

2001- 2012 Introducing and Integrating Hypnosis into Clinical Practice  
and/or Practice Session Facilitator  
University of Minnesota Continuing Medical Education and  
Minnesota Society of Clinical Hypnosis Annual Workshop

2003 - 2005 Consultant and Small Group Facilitator  
Motivating Health Behavior Change for Medical Leaders  
(Three-Day Communication Intensive)  
HealthPartners

January & November 2002 Consultant and Small-Group Facilitator  
Professional Development Retreat for Physicians  
(A Five-Day Intensive in Communications Skills)  
HealthPartners and Bayer Institute for Health Care Communication

August 2000 Family Transitions in Diabetes Care (with Chris Ternand, MD)  
American Association of Diabetes Educators Annual Meeting  
San Diego, California

**Selected Continuing Education:**

2004-2005 Forgiveness Certificate Program  
Midwest Institute for Forgiveness Training  
Minneapolis, Minnesota 55404

July 2005 EEG/ Neurofeedback Certificate Program  
Stens Corporations  
San Rafael, California 94901

December 2003 Biofeedback Certificate Program  
Stens Corporations  
San Rafael, California 94901

**Professional Organizations:**

Minnesota Psychological Association

Minnesota Society for Clinical Hypnosis (Secretary 2001-2003; 2007-2012)

**References:**

Provided upon request.

**Contact Information:**

Mailing Address: 528 Marshall Avenue  
Saint Paul, MN 55102

Home Phone: 651-221-1963

Email Address: k.pfaffinger@gmail.com